



Wheels for All

Cycle Leader Training

For community volunteers, physical activity leaders, care workers, support workers, family members, teachers, occupational therapists and health professionals.



What?

Featuring a combination of theory and practice, a range of adapted cycles and aids, risk assessments, client assessments, instruction skills workshop, session planning and delivery.

Call 01925 234213 for more info

Funded by: Steve Morgan Foundation

Steve Morgan
FOUNDATION

BELIO CYMRU
WELSH CYCLING

aura
leisure & libraries

When?

**Thursday 14th November 2019
9.30am to 3.30pm**

Please arrive by 9.15am

Where?

Deeside Leisure Centre,
Chester Rd West, Queensferry,
Deeside CH5 1SA

(Bring a packed lunch and outdoor clothing)

cycling projects Wheels for All



prosiectau
seiclo

Olwynion i Bawb

Hyfforddiant Arweinydd Seiclo

Ar gyfer gwirfoddolwyr cymunedol, arweinyddion gweithgarwch corfforol, gweithwyr gofal, gweithwyr cymorth, aelodau'r teulu, athrawon, therapyddion galwedigaethol a gweithwyr iechyd proffesiynol.



Beth?

Yn cynnwys cyfuniad o theori ac ymarferol, amrediad o feics wedi'i haddasu a chymhorthion, asesiadau risg, asesiadau cleientiaid, gweithdy sgiliau cyfarwyddiadau a chynllunio a darparu sesiynau.

Ffoniwch 01925 234213 am ragor o wybodaeth.

Cefnogir gan Steve Morgan Foundation

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Pryd?

Dydd Iau, 14 Tachwedd 2019
9:30am tan 3:30pm

Cyrhaeddwch erbyn 9:15am, os gwelwch yn dda

Lle?

Canolfan Hamdden Glannau Dyfrdwy,
Ffordd Gorllewin Caer, Queensferry,
Glannau Dyfrdwy

CH5 1SA

(dewch â phecyn cinio a dillad addas ar gyfer y tu allan)



prosiectau
seiclo
Olwynion i Bawb



/cycling projects



@WFA_Network

Mae Prosiectau Seiclo'n elusen gofrestrig rhif 1003309 | Cwmni cyfyngedig trwy warant, rhif cofrestru 2618968 | Rhif TAW 673