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## Colchester Wheels for All

2nd & 3rd December 2019 10am to 4pm

The Corporal Budd VC Gymnasium Merville Barracks, North Circular Road.



The cycling taster session is run by the national inclusive cycling charity Cycling Projects & sets out to remove barriers to cycling, especially for people with disabilities. Wheels for All offers opportunities to cycle either independently, with family or as a group. We will have a range of different adapted cycles available at this event.





## Get involved by

Booking a place on the session Try out a range of adapted cycles (handcycles, trikes, tandems)

Find out more about getting involved

Find out about potential training available

Get involved as a volunteer or supporter of the project

For more information contact lan Tierney on 07709140910 or ian.tierney@cycling.org.uk







