



**Wheels
for All**

Olympic Cycling

**Your guide to the
2024 Olympic Cycling events**



Dates and Times

Mountain Biking

28th July

1.10pm Women's Cross Country

29th July

1.10pm Men's Cross Country



BMX Freestyle

30th July

12.25pm BMX Freestyle, Women's Qualification

2.11pm BMX Freestyle, Men's Qualification

31st July

12.10pm BMX Freestyle, Women's Final

1.44pm BMX Freestyle, Men's Final



BMX Racing

1st August

7.00pm BMX Racing, Men's Quarter Final

7.20pm BMX Racing, Women's Quarter Final

9.05pm BMX Racing, Men's Last Chance

9.15pm BMX Racing, Women's Last Chance

2nd August

7.00pm BMX Racing, Men's Semi Final

7.15pm BMX Racing, Women's Semi Final

8.35pm BMX Racing, Men's Final

8.50pm BMX Racing, Women's Final



Road Cycling

27th July

1.30pm Road Cycling, Women's Individual Time Trial

3.32pm Road Cycling, Men's Individual Time Trial

3rd August

10.00am Road Cycling, Men's Road Race

4th August

1.00pm Road Cycling, Women's Road Race



Track Cycling

5th August

4.00pm Women's Team Sprint, Qualifying

4.27pm Men's Team Pursuit, Qualifying

5.55pm Women's Team Sprint, First Round

6.09pm Men's Team Sprint, Qualifying

6.46pm Women's Team Sprint, Finals

6th August

4.30pm Women's Team Pursuit, Qualifying

5.59pm Men's Team Sprint, First Round

6.14pm Men's Team Pursuit, First Round

6.55pm Men's Team Sprint, Finals

7th August

11.45am Men's Sprint, Qualifying

12.26pm Women's Keirin, First Round

12.52pm Women's Team Pursuit, First Round

1.30pm Men's Sprint, 1/32 Finals

2.10pm Women's Keirin, Repechages

2.30pm Men's Sprint, 1/32 Finals Repechages

4.30pm Men's Sprint 1/16 Finals

5.04pm Men's Team Pursuit, Finals



5.42pm Men's Sprint, 1/16 Finals Repechages
5.57pm Women's Team Pursuit Finals
6.38pm Men's Sprint, 1/8 Finals
7.14pm Men's Sprint, 1/8 Finals Repechages

8th August

4.00pm Men's Omnium, Scratch Race 1/4
4.18pm Women's Keirin, Quarter Finals
4.38pm Men's Omnium, Tempo Race 2/4
5.01pm Men's Sprint, Quarter Finals
5.15pm Women's Keirin, Semi Finals
5.25pm Men's Omnium, Elimination Race $\frac{3}{4}$
6.01pm Women's Keirin, Finals
6.27pm Men's Omnium, Points Race 4/4
7.04pm Men's Sprint, Final for 5th – 8th Place

9th August

1.00pm Women's Sprint, Qualifying
1.41pm Men's Sprint, Semi Finals
1.48pm Women's Sprint, 1/32 Finals
2.38pm Women's Sprint, 1/32 Finals Repechages
5.00pm Men's Sprint, Finals
5.09pm Women's Madison, Final
6.10pm Women's Sprint, 1/16 Finals
6.58pm Women's Sprint, 1/16 Finals Repechages

10th August

4.00pm Women's Sprint, 1/8 Finals
4.19pm Men's Keirin, First Round
4.50pm Women's Sprint, 1/8 Finals Repechages
4.59pm Men's Madison, Final
6.07pm Women's Sprint, Quarterfinals
6.21pm Men's Keirin, Repechages

11th August

10am Women's Omnium, Scratch Race (1 of 4)
10.22am Women's Sprint, Semifinals
10.29am Men's Keirin, Quarterfinals



10.57am Women's Omnium, Tempo Race (2 of 4)
11.25am Women's Sprint, Final for 5th – 8th Place
11.29am Men's Keirin, Semifinals
11.45am Women's Sprint, Finals
11.53am Women's Omnium, Elimination Race (3 of 4)
12.23pm Men's Keirin, Finals
12.56pm Women's Omnium, Points Race (4 of 4)

Glossary

Madison

A relay race where each team is made up of two people who aim to complete more laps than other competitors. Riders in each team take turns cycling laps before resting and tapping in another teammate through a slingshot motion. Points are awarded at various points following a sprint and at the end of the event the team with the most points is declared the winner.

Watch an example of a Madison [HERE](#)

Keirin

A sprint race where competitors must first follow a pacer on an electric bike (Derny) in order to build speed for three laps of the track. Once the pacer leaves the track all riders can then use a combination of strategy, positioning and strength to be the first across the finish line after another three laps.

Watch an example of a Keirin [HERE](#)

Omnium

The newest event in track cycling is a points based competition that comprises of four races (Scratch, Tempo, Elimination and Points). Competitors earn points throughout the four races and after they have completed all of the races the points are accumulated and the team with the highest score wins.

Watch an example of an Omnium [HERE](#)

Sprint

Sprint teams consist of 3 riders per team in the men's competition and in the women's competition teams are comprised of 2 riders.

The lead rider is a specialist at standing starts and able to smoothly but powerfully bring the team up to speed as fast as possible before pulling off at the end of one lap and letting the next rider take the lead.

The second rider for the men's team sprint will further accelerate for one more lap, launching the final rider for his all-out sprint of the final lap. The fastest team wins.

Watch an example of a Sprint [HERE](#)

Pursuit

Each team is composed of four riders who race together across 16 laps, each taking turns pulling with the others drafting in a straight line.

Each round is contested by two teams starting on opposite sides of the track to cover the 4,000. The time is taken as the third rider's front wheel crosses the finish line.

The lead rider powers the team into a turn then pulls off high on the banking and dives down to rejoin in the draft of the last rider. The better a rider is at pulling off an effective exchange, the more efficient they are at saving energy and thus the faster they can travel.

Watch an example of the Pursuit [HERE](#)

Repechages

A Practice which sees riders who did not qualify directly from the heats gain a second opportunity to race for a place in the next round of competition.

More information

To keep up with more of the 2024 Paris Olympic Games visit www.olympics.com or scan the QR Code below!

