



Wheels for All

2025 Impact Report

Unlocking Health, Inclusion and Independence
Through Inclusive Cycling



wheelsforall.org.uk

The National Inclusive Cycling Charity

Why We Do What We Do

Regular physical activity is vital for health, wellbeing and independence.

Disabled people and people living with long-term health conditions are almost twice as likely to be inactive as non-disabled people, often because facilities, equipment and safe spaces are not accessible.

Cycling offers low-impact exercise, independence and enjoyment. With the right equipment and support, it becomes genuinely inclusive.

Wheels for All exists to remove barriers and create welcoming spaces where everyone can experience the freedom and benefits of cycling.

Our Reach in 2025

In 2025, Wheels for All delivered inclusive cycling opportunities across England, supporting disabled people and people living with long-term health conditions to be active in their communities.

In 2025, **Wheels for All** directly delivered:



1,756 inclusive cycling sessions

up by 37%
from 2024



4,166 hours of inclusive cycling activity



Attended by
5,118 unique participants

up by 10%



27,499 attendances - rides taken

up by 5%



387 first-time participants



We are increasing our reach year on year and seeing more people returning regularly and embedding inclusive cycling into their weekly routines.



Volunteering – Powering Inclusive Cycling

Our work would not be possible without our volunteers.



In 2025 alone:

200 volunteers supported sessions

11,453 volunteer hours were donated

That's worth **£165k** to the charity

(ONS value of volunteering)

We shared a further **54** volunteer enquiries with our Inclusive Cycling Network partners.

Volunteers support riders on and off cycles, offer reassurance, celebrate progress and help create the welcoming atmosphere that participants value. Their time, care and commitment make an enormous difference.

Volunteer Case Study

“ Volunteering with **Wheels for All** is incredibly rewarding. Seeing people gain confidence, ride independently and smile with pure joy is unforgettable. Supporting visually impaired riders and witnessing their confidence, joy and freedom was one of my most cherished moments. I ended the session in tears of happiness – a powerful reminder of why this work matters. ”

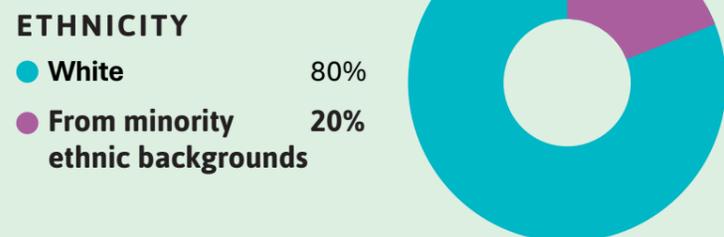
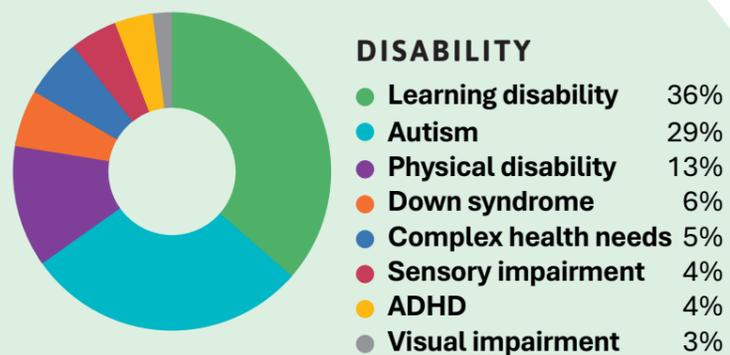
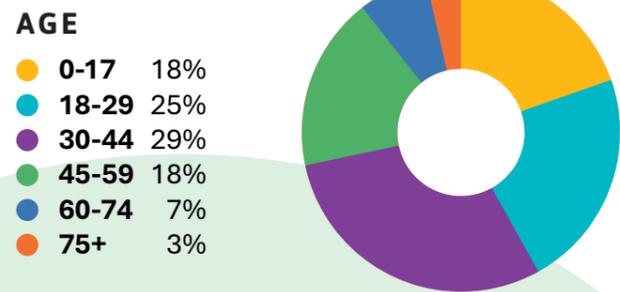
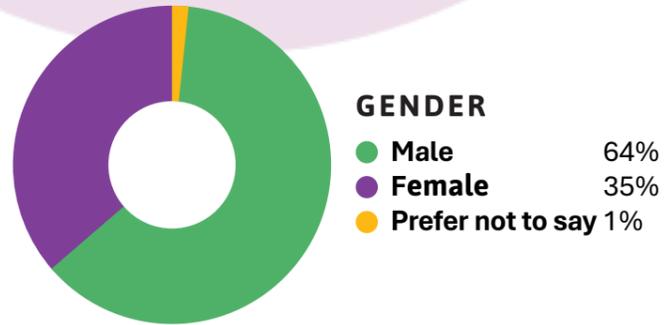
Harry - Wheels for All Salford Volunteer.



We are also very thankful to the 8 amazing trustees and 50 members of staff that helped deliver our work in 2025.

Who We Reached

Wheels for All reaches children, young people, adults and older people across a wide range of disabilities and communities.



The Difference We Make

Inclusive cycling is not just enjoyable. It is transformational.

Impact data shows that:

- **73%** of participants say inclusive cycling helps them manage or improve a health condition
- **81%** report improved mental wellbeing
- **74%** say their confidence has increased
- **69%** report reduced loneliness and social isolation

Participants also tell us that **Wheels for All:**

- improves physical strength, balance and mobility
- helps them feel more independent
- gives them something positive to look forward to each week
- helps them build friendships and feel part of a community

For many, Wheels for All is the highlight of their week.



Case Study

Ruby's Story

Ruby lives with a rare condition that causes extremely low muscle tone in her legs, leading to frequent and painful knee dislocations. Surgery was becoming inevitable.

She began attending Wheels for All in 2022, barely able to complete a single pedal rotation.

Through weekly adapted cycling, specialist equipment and expert support, Ruby rebuilt her strength and confidence.

Months later, scans showed such improvement that her surgery was cancelled. Her doctor prescribed more cycling.

Wheels for All did not just change Ruby's activity levels. It changed her future.

“ It really is amazing. We couldn't believe it when the doctor said he wouldn't be doing the operation, and that is all credit to **Wheels for All**. ”

Ruby's Mum



Our Supporters

We are grateful to our growing network of supporters who give their time, funding, skills and voice. From local challenges to major corporate partnerships, our supporters are active partners in creating change.

In 2025, this included support from:

National and Regional Partners

Sport England • British Cycling • Cycling UK • Merseytravel • Transport for Greater Manchester • Liverpool City Region • Greater Manchester Walking & Wheeling Fund • GLL

Local Authorities

Essex County Council • Surrey County Council • Lancashire County Council • Cheshire West & Chester Council • Knowsley Council • Sefton Council • Warrington Council • Preston City Council • Gateshead Council • Kingston Council • Wolverhampton Council • Northumberland County Council

Trusts and Foundations

Cheshire Community Foundation • Freida Scott Trust • Skelton Charity • Price Parry Charitable Trust • Master Charitable Trust • Share the Joy Fund • Miller Homes Community Fund

Corporate and Commercial Partners

Halfords • Raleigh • Fenwick's Bike Products TARMAC • Ingevity UK Ltd • Zenith Developments Ltd • Version One • Ipsos Foundation • SEA Ltd • DRPG • Certas Energy

Community and Education Partners

UCLAN • Worsley College • Acorn Village • Friends of Debdale Park • Warrington Lions International

These partnerships help embed inclusive cycling within mainstream sport, leisure, education and active travel – and enable us to reach more people in more places.

Building a National Inclusive Cycling Network

Our mission is to ensure every local authority area in England has access to inclusive cycling. At the end of 2025, we were aware of 316 inclusive cycling offers, serving 190 separate local authority areas of England. This represents 60% coverage.

Our commitment is to collaborate with a nationwide network of passionate partners who share our vision and provide our partners with the unwavering support, guidance, specialised equipment and resources needed to champion inclusive cycling.

To do this, Wheels for All launched the **Inclusive Cycling Network**, supporting any group or organisation offering cycling to disabled people and people living with long-term health conditions. By the end of 2025, the Network had grown to more than 100 members.

The Inclusive Cycling Network:

- supports safe, high-quality delivery
- shares skills, training and best practice
- reduces isolation between providers



Case Study

Bike Active North Suffolk (BANS)

Bike Active North Suffolk (BANS) is a community organisation providing inclusive cycling for adults with a range of disabilities and people recovering from illness.

As a member of the **Wheels for All Inclusive Cycling Network**, BANS has received specialist disability cycles alongside ongoing practical support, guidance and advice from the Wheels for All team. This support has enabled BANS to build a **sustainable adapted cycle fleet** and offer **regular inclusive cycling sessions** across North Suffolk.

The impact has been immediate and meaningful, allowing BANS to reach more people who would otherwise face significant barriers to being active.

“ The donation of free disability cycles and the ongoing support from **Wheels for All** has made a huge difference to our work in North Suffolk. Your practical help, guidance and belief in what we’re doing has been invaluable – without such support, it simply would not be possible for us to provide this service. ”

David George, Chair,
Bike Active North Suffolk

Social Value and Return on Investment

National research by the Activity Alliance shows that the social value of disabled people doing light physical activity like inclusive cycling sessions is **£4,400 per person per year**.

In 2025, Wheels for All invested just over £1m in delivering inclusive cycling, supporting our national network and building the systems needed for long-term impact. With this investment, we supported **5,118 people** to be active through inclusive cycling. This represents an estimated **£22.5 million of social value** generated through improved health, wellbeing, reduced isolation and increased independence.



For every **£1** invested in **Wheels for All** in 2025, an estimated **£22.50** of social value was generated.

“ I’ve supported **Wheels for All** from the very beginning — more than 30 years ago when the first hub started in Manchester. They’ve built up a huge amount of experience in making cycling genuinely inclusive for disabled people, and they’re still leading the way. There are gaps in access to cycling for disabled people across the country, and it’s great to see **Wheels for All** looking to remedy that by setting up new centres or supporting others to do it. They provide an invaluable service to local

communities, especially for those that need it most, and I’m happy to back them as they continue to grow. ”



Chris Boardman, CBE
Wheels for All Patron

National Leadership and Organisational Strength

In 2025, Wheels for All strengthened its role as the national lead for inclusive cycling, while investing in the people, systems and governance needed to deliver safely and at scale.

This included:

- **Launching the Greater Manchester Inclusive Cycling Network** across all 10 boroughs, bringing providers together as a coordinated regional system
- **Hosting Pedal Together LCR**, uniting health, local government, education and disability leaders around inclusive cycling
- **Speaking at national conferences and sector events**, shaping policy and practice in inclusive cycling
- **Welcoming Chris Boardman CBE as Patron**, strengthening our national voice and profile
- **Embedding Kinetic+ across all hubs**, introducing a new registration and booking system and robust national data for the first time
- **Strengthening governance and trustee capacity**. Recognised by Sport England as operating at **Tier 3 Code for Sports Governance standards**

Together, this shows a charity that is not only growing in reach, but growing in maturity, influence and capability.

We are building the leadership, systems and infrastructure needed to support inclusive cycling across the whole country.



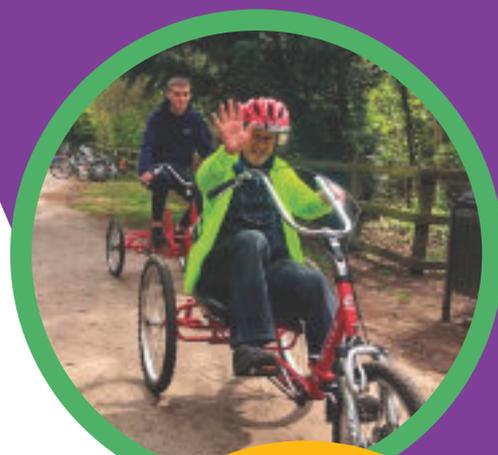
Our Vision for Growth

Our Aims for 2026

In 2026, our focus is on growing reach, strengthening quality and building long-term sustainability.

We will:

- **Increase the number of women and girls** accessing inclusive cycling, reducing the gender gap in participation.
- **Grow the Inclusive Cycling Network by a further 25%**, expanding the number of organisations delivering high-quality provision.
- **Grow and diversify our income portfolio** to strengthen resilience and support continued national growth.
- **Launch new inclusive cycling offers in the most poorly served parts of the country**, targeting areas with high need and low provision.
- **Support more hubs to transition to independent local ownership**, strengthening sustainability and community leadership.
- **Strengthen our monitoring, evaluation and learning**, building clearer evidence of the impact inclusive cycling has on physical health, wellbeing and social inclusion.
- **Recruit and support a broader, more diverse group of volunteers** to help deliver inclusive cycling activities and build a volunteer community that reflects the communities we serve.



How You Can Support Us

- Find your nearest centre and see inclusive cycling in action
- Volunteer and help someone experience the joy of riding
- Donate and help remove barriers to being active
- Partner with us to bring inclusive cycling to your community
- Join the Network and be part of the national movement

Get in touch. Get involved. Be part of the change.



[Learn More](#)



[Donate Now](#)



**Wheels
for All**

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