Invitation to be a partner organisation in the Greater Manchester Bike Buddy project

Wheels for All specialises in providing inclusive cycling opportunities, ensuring that people of all ages and abilities can experience the physical, mental and social benefits of cycling.

Our Bike Buddy programme supports disabled people, people living with long-term health conditions, and less active older adults to cycle with the help of trained staff/volunteers, enabling them to build confidence and enjoy cycling on your site and within their local communities.

Through this project, we are looking to partner with organisations from across Greater Manchester. Together, we will train and support staff, volunteers and participants to embrace cycling as an accessible, inclusive and enjoyable activity, helping to improve health, wellbeing and social connection while demonstrating that cycling can be a credible option for everyone by creating a long-term culture of active travel on your site and locality





Our Offer to you:

We will offer you and your organisation a period of cycling interventions and support packages that ultimately will create a sustainable cycling culture within your setting.

This will be supported by -

- A fleet of adapted cycles (tricycles, recumbents and handcycles)
- Helmets and Hi-Viz vests
- Lock and Lights
- Cycle training for participants and carers/support workers
- Route planning and risk assessment support
- Peer Group and Buddy Support
- Maintenance support packages

If successful, you will be expected to:

- Work with Wheels for All staff to develop a 'cycling culture' within your organisation.
- Commit staff and/or volunteer time to participating in group and individual rides to support your service users to cycle.
- Provide a secure storage space for a fleet of adapted cycles.
- Provide agreed monthly monitoring, tracking and evaluation data/ case studies to Wheels for All about your cycling activities.

What happens if my organisation is not successful?

We can still support you and your members to cycle through a variety of community-based interventions by TFGM and through a network of Wheels for All hubs across the region (see www.wheelsforall.org.uk for details).

For further information about the programme please get in contact with –

Ola Lawal, Greater Manchester Bike Buddy Co-ordinator

ola.lawal@wheelsforall.org.uk / 07383 318 653

Name: **Organisation:** **Contact details:**

If you would like to be a part of this exciting project, please complete the following and return to ola.lawal@wheelsforall.org.uk

What we ask of you and your organisation:

Question	Response
Are you willing to receive Wheels for All training to support the delivery of the programme?	
Are you willing to participate in wider partner opportunities?	
Are you willing and able to collate to complete monthly data returns to support wider data collection?	
Do you have potential space on your site to store cycles (please outline storage opportunities and level of security)	
Do you have close access to a range of quiet routes, greenways, parks	

and quiet road scenarios for cycles? (*Wheels for All will be able to help you identify and risk assess these*)	
Who will be the designated staff member, responsible for this project and will there be a dedicated support to embrace the programme?	

The need for Bike Buddy

Please can you demonstrate how Bike Buddy will support your organisation by answering the following:

Question:	Response:
Please share the number of disabled people, people living with long-term health conditions, or older adults within your setting	
Have there been requests from participants or carers expressing an interest in cycling or spending more time being active outdoors.	
Are there any existing health and wellbeing challenges within your community, (such as low levels of physical activity, loneliness, or limited opportunities for inclusive recreation)	
How does the programme align with your organisation's aims (such as improving health, increasing independence, reducing isolation, developing life skills)	