



Muhammad

Wheels for All was recommended to Muhammad by his physiotherapist, as a way to strengthen his legs after a stroke. As a doctor himself, he realised the benefits of 'social prescribing' to improve and aid his recovery.

The Wheels for All team looked at the most popular adapted cycle as a place to start and Muhammad has not looked back. He has attended every week for the past two months and each week, aims to improve his target of weekly laps or at least match it.

The determination, come wind (which there is plenty of), rain or shine is evident. He is always supported by his wife or son (as pictured) and during the half-term, his granddaughter.



Wheels for All is the operating name for Cycling Projects a company limited by guarantee & registered in England & Wales (No. 2618968) 11-13 Wilson Patten Street, Warrington, WA1 1PG. Cycling Projects is a charity registered in England & Wales (No. 1003309).

Wheels for All
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